Industrial Hygiene Afloat: A focus on IH concerns and responsibilities aboard a U.S. Navy Aircraft Carrier

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# Industrial Hygiene Officers in the U.S. Navy

CDR/CAPT: Policy Guidance (Pentagon; Bureau of Medicine and Surgery; Armed

Forces Medical Intelligence Center; Defense Threat Reduction Agency)

Program Direction (Navy and Marine Corps Public Health Center;

Naval Safety Center; Uniformed Services Univ. of Health Sciences)

Management of Regional IH Program Offices (Large Military Treatment

Facilities [MTFs]; Environmental & Preventive Medicine Units [EPMUs])

LT/LCDR: Research Support-Toxicology (Navy Medical Research Units)

Fleet Support (Aircraft Carriers; Submarine Tenders; Type Commands;

EPMUs; Naval Sea Systems Command; In-Service Board of Inspection)

Marine Corps Support (Marine Air Wings and Logistics Groups)

<u>Industrial Maintenance Facility Support</u> (MTFs)

# Profile of an Aircraft Carrier

- Dimensions (Length: 1040 feet; Width: 252 feet; 18 decks; 100K tons)
- 4500 officers and sailors (when air wing is embarked)
  - Males and Females (mostly male)
  - 18 50 years of age (75% below 25)
- 185 industrial work centers; 3 aircraft hanger bays; 4 acre flight deck
- 80 aircraft (72 fixed wing and 8 rotary)
- Accompanied by 5-7 addition ships and submarines in Carrier Strike Group that provide support (i.e. refueling) and a perimeter defense
- 3-phase deployment cycle (6-8 months per phase): sea trials and predeployment training; deployment; maintenance availability period

# Carrier Based Industrial Hygiene

- Safety Department
  - Safety Officer (CDR): Aviator; predominantly concerned with flight deck safety
  - Industrial Hygiene Officer (LT/LCDR): Manages occupational health and safety (OSH) programs; coordinates/conducts exposure assessments and OSH training; determines medical surveillance requirements; provides limited sample analysis
  - 9 Enlisted (experienced tradesman representing each major shipboard industry)
    - Serve as: Industrial Hygiene Technicians; Industrial Trade Safety SMEs; Workplace Monitors
  - 60-70 collateral duty (part time) Safety Petty Officers attached to the industrial work centers, but tasked by Safety to provide oversight, training, and feedback
- Medical Department (31 Medical Surveillance Programs)
  - > 2000 annual audiograms
  - > 1000 respirator physicals
  - Hundreds of surveillance exams for numerous chemical and physical stressors

# <u>Aircraft Carrier Industrial Operations</u>

## Flight Operations

- steam catapults (launch) and arresting gear (recovery)
- Aircraft arming, fire fighting, fueling, and handling

### Power Generation

- Two nuclear reactors powering four turbines (194 MW/each) and four shafts
- Four 8-MW emergency diesel generators

### Aircraft Maintenance

• Airframes, Avionics, Composite, Fuel Testing, Jet Engine Repair, and NDI Shops

### Ship Maintenance

- Carpentry, Machine, Sheet Metal, and Welding Shops
- Corrosion and damage control (painting, paint removal, hot work, etc.)
- Machinery: arresting gear; fuel and water pumps; electrical generators; water evaporators; hydraulic elevators; steam catapults; propulsion and steerage; ventilation systems; and, windlasses (anchors, underway replenishment, etc.)

# Hazardous Materials Management

### Hazardous Materials

- Storerooms: Segregated by chemical compatibility and ventilation, fire suppression, and spill containment requirements
- Issue Points: Central issue (1<sup>st</sup> deck); 2 deep stock (5<sup>th</sup>/7<sup>th</sup> deck); 2 paint issue rooms (FWD/AFT); and, approximately fifty (7-day) storage lockers

#### Hazardous Waste

- Single collection point called "The Mountain" between Hanger Bay 3 and the fantail
- Waste consolidated for offload at next suitable port visit

### Pollution Prevention

- 2 sewage (CHT) treatment systems (FWD/AFT)
- Recycling systems
  - OPA/OWS
  - Trash Incinerator
  - Plastic Processor

## Ventilation Performance Assessments

- Hazardous Material Storerooms
- Cryogenic Plant (O<sub>2</sub>/N<sub>2</sub>)
- Laundry Facility
- Mechanical Shops
- Battery Charging Rooms
- Abrasive Blasting Booths
- Jet Engine Repair Shop
- Diesel Generators
- Welding and Plating Shops

- Jet Fuel Pump Rooms
- Sewage Treatment Plants
- Medical and Dental Labs
- Chemistry and Radiography Labs
- Gas Cylinder Storerooms
- Paint Booths
- Galley Hoods
- Propulsion Spaces
- Electronics Repair Shops

# **Exposure Monitoring**

## **Chemical Stressors**

- Heavy Metals: Beryllium; Cadmium; Hexavalent Chromium; Nickel; Lead
- Strippers: Methylene Chloride; Phenol
- Jet Engine Exhaust: Aldehydes; [Polycyclic] Aromatic Hydrocarbons; VOCs
- Minerals: Asbestos; Crystalline Silica
- Coatings: Isocyanates; Heavy Metals
- Sewage: Hydrogen Sulfide; Sulfur Dioxide
- Miscellaneous: CO; Composite Fibers; Jet and Diesel Fuels; Halogenated Gases and Solvents; Organophosphates; Phosgene; Synthetic Resins; Welding Fumes; etc.

## **Physical Stressors**

- Hazardous Noise (SPLs up to 150 dB)
- Human Factors and Ergonomics:
  - Heat Stress (and sometimes Cold Stress)
    - Flight Deck, Catapult and Engineering Spaces; Galleys
  - Hand Vibration from using pneumatic tools
  - Heavy Lifting (equipment; ordnance; parts)
  - Repetitive Motions (Controllers; Food Prep)
  - Illumination
- Radiation
  - Non-Ionizing: ELF/radar transmitters; lasers
  - Ionizing: monitoring outside reactor spaces; radiography equipment; radionuclides
- Slips, Trips, and Falls

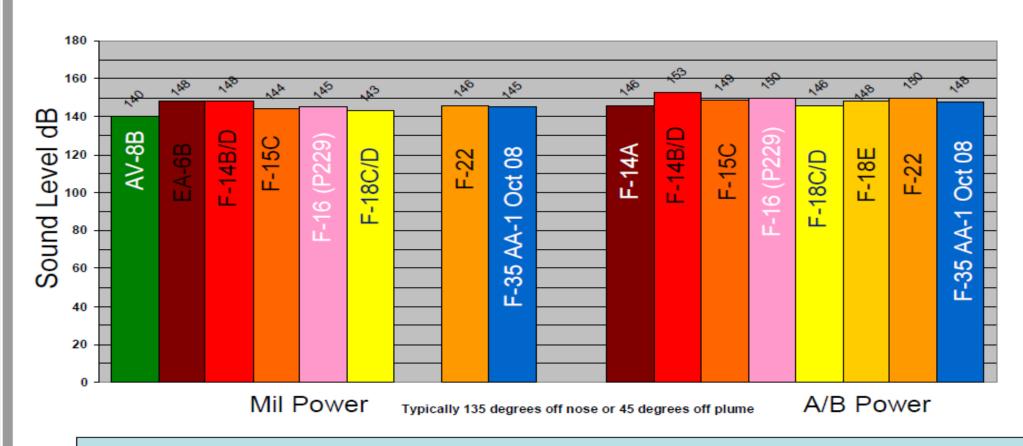
# **Noise**

- Hearing loss is the #1 VA disability claim by Navy veterans by orders of magnitude
- 70% of crew is exposed to hazardous noise on a daily basis (≥ 85 dBA; 8-Hr TWA)
- Technology does not exist to attenuate flight deck noise below hazardous levels
- Inhalation of jet fuel vapors (ototoxicity) may increase hearing loss vulnerability
- Noise from an aircraft catapult launch can be heard six decks below the flight and is often at hazardous exposure levels deck within two decks (>50% of berthing)
- All hands enrolled in the Hearing Conservation Program
  - Annual audiograms and surveillance
  - Training and hazard communication
  - Provision of adequate PPE or to technological limits
- New R&D to mitigate exposures



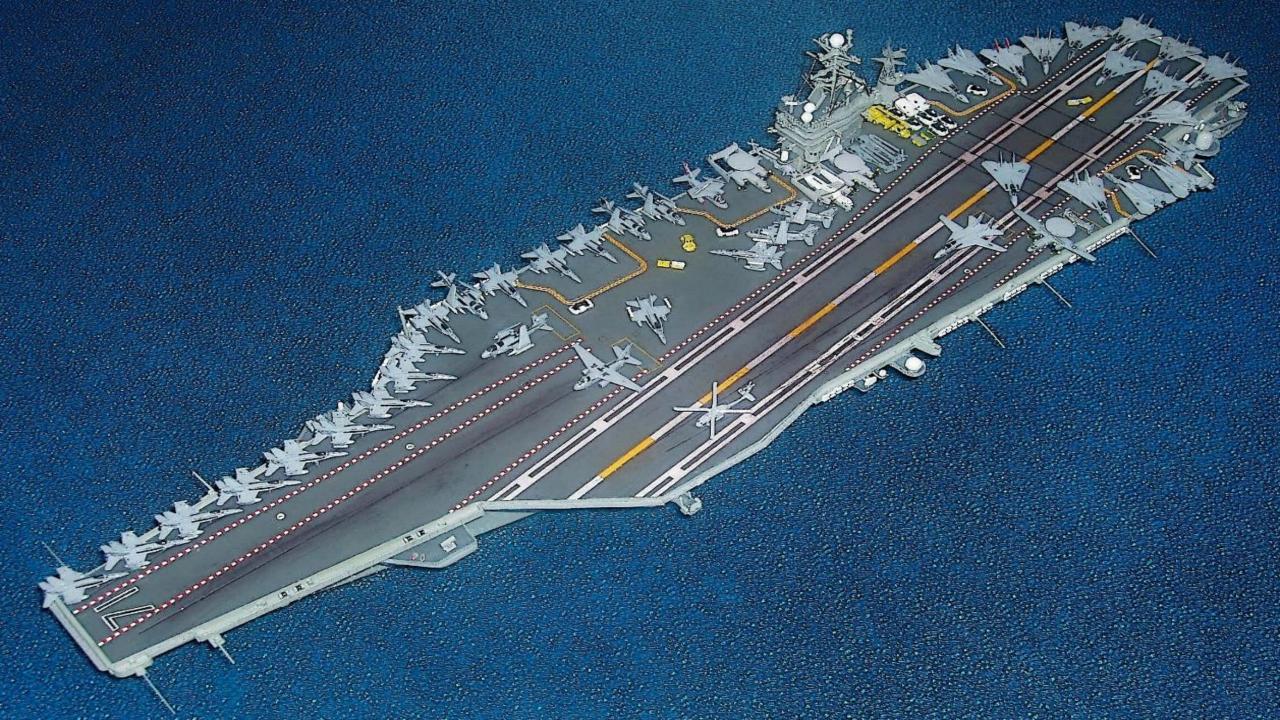
## **Jet Noise Levels**

## Best Data Available (Source JSF Vibroacoustics IPT)



Peak Jet Noise Levels of Modern High Performance Aircraft are Fairly Consistent















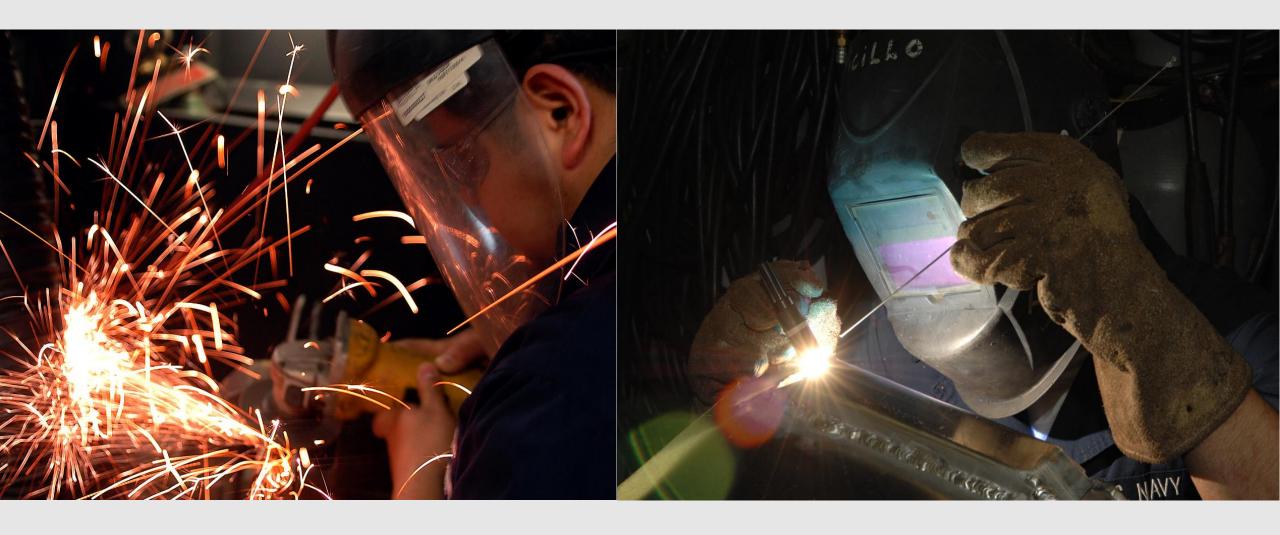
















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